



**Prof Nick van der Spek**  
**Consultant Paediatrician**  
**Envidius Private Clinic**  
**Bon Secours, Drumalee, Cavan, H12 Y8W5**  
Clinic Reception: 049 433 2697  
Mobile for calls: 086 373 0387  
Appointments SMS: 086 180 3128 / 087 412 3813  
Referrals: [envidiusppclinic@privateclinic.ie](mailto:envidiusppclinic@privateclinic.ie)  
Web: [www.envidius.ie](http://www.envidius.ie)

Terms and conditions regarding Private Clinic Consultations – valid from 01/06/2026 (Small Print)

Name: **Prof Nick van der Spek, Consultant Paediatrician**  
Specialty: Paediatrics (Children's Diseases)  
Academic title: Associate Clinical Professor (Hon), RCSI  
Special interests: Constipation and Continence  
Childhood Disability and Development, including Permanent Childhood Hearing Loss (PCHL), Developmental Coordination Disorder (DCD) and Autism  
Qualifications: MB BCh (Amsterdam) DCH (Dublin) MRCPCH (UK) FRCP (Edinburgh) FRCPI (Ireland) MSc (UCL London), ADOS, DISCO, Griffith-3, SAFE cert (UCD)

To provide a transparent and sustainable private paediatric outpatient service, please take note of the following:

- 1) To avail of my private outpatient services, I strongly recommend that the **child**:
  - a) Has private health insurance cover.
  - b) Is referred by their GP or another medical professional with a referral letter outlining the concerns and containing all the required patient details:
    - i) Child: first and surname; date of birth; GP's name and address and Health insurance provider's name and policy number
    - ii) Parent(s) or guardian(s): first and surname; full address, including Eircode; mobile number; email address.
- 2) From 01/01/2026, my private patient service in Cavan General Hospital has been discontinued and consequently:
  - a) I cannot provide private admissions or outpatient clinics in HSE Cavan General Hospital.
  - b) I cannot manage detailed developmental assessments and children with complex disabilities.
  - c) My outpatient clinic has been re-located to Bon Secours Clinic, Unit 1, Block 2, Drumalee Health Campus, Cootehill Road, Keadew, Cavan, Co Cavan, H12 Y8W5.
  - d) The days and times of the Bon Secours Clinic are face-to-face and fixed to Friday afternoon.
  - e) After many years of maintaining the same fees, I regret that increasing costs of running the off-site paperless clinic now require a fee increase.
- 3) When accepted as a private patient I, **Prof Nick van der Spek** shall offer:
  - a) An appointment for you and your child to see me with a general paediatric or continence issue on a Friday afternoon between 13:00 and 17:00hr, aiming to see you within two weeks of acceptance of the referral depending on demand and circumstances.
  - b) To see you face-to-face in a private clinic setting at Bon Secours Clinic, Cavan. By special arrangement, an appointment in a different location might be possible.
  - c) Virtual follow-up appointments (e.g. by phone or video) are also available and are usually held on Tuesday or Thursday evenings between 18:00 and 21:00 hours.
  - d) Radiological investigations are sourced out to a separate private service, depending on your health insurance cover.
  - e) Blood/stool/urine investigations are not part of the private service and sampling does not occur in the clinic. A separate public referral to Cavan General Hospital can be arranged by either your GP or me.
  - f) To be contactable directly by email or SMS regarding clinical matters and to respond at the first available opportunity. If urgent, you may contact me personally Monday to Friday between 09:00 and 17:00hr on 086 373 0387, and I will aim to deal with your query as promptly as possible.
  - g) Appointments by SMS, text message:
    - i) You will receive appointment details from **086 180 3128**. If you reply to confirm, I will receive your message 24 hours later. Save this number on your phone as Envidius RPM.
    - ii) To re-schedule an appointment please use a different number: **087 412 3813**. Save this number on your phone as Envidius Esendex.
- 4) If your child requires urgent care, please contact your GP, Doc-on-call or your local Emergency Department. The current fee to the hospital for attending the Emergency Department/Paediatric Assessment Unit without a doctor's referral letter is €100.
- 5) To be accepted as a private patient in my clinic you, as a **parent or guardian**, are required:
  - a) To agree to all your details being recorded on our RPM administration system and all correspondence sent by SMS or email, based on the GDPR.
  - b) To pay the professional fees for my expertise and time spent for a private clinic preparation, attendance, prescriptions and report writing, currently **€250** for an effective 45 minutes standard (new) private clinic appointment. The "attendance" can be face-to-face, by phone, video, other media (e.g. email or WhatsApp for sending me reports and video recordings or to send you prescriptions and reports etc.) or a combination of these. A review face-to-face attendance is shorter and carry a fee of **€120**; the attendance definition outlined above also applies. A standard once off DCD developmental assessment, including a report, is **€300**. More detailed developmental assessments are generally no longer provided due to the time they require; however, special arrangements can be considered.
  - c) Fees for face-to-face consultations are paid on the day by credit or debit card. We cannot accept cash or cheques.
  - d) I use a PayPal invoice for a virtual private clinic consultation (phone or video). Invoices not paid within two weeks will incur an additional administration fee (€20) for each reminder. A receipt will always be issued which you are recommended to keep as proof of payment and can use for reclaiming costs from your insurance or revenue. If you don't attend a booked appointment and don't cancel before 24hr of the appointment, a fee still applies.
- 6) Please be aware that your child is a private patient for other services as well. This means that:
  - a) Most investigations arranged (e.g. X-rays, some pathology) from the private clinic will have to be paid for too. Usually - but not always e.g. depending on the type of policy, test and hospital - if you have valid Private Health insurance cover, the insurance will take care of this either by paying it directly or (partially or fully) reimbursing you. Blood tests are referred to a public service and public waiting list policies apply.
  - b) In the event of onward referral to another paediatric specialist, e.g. in one of the private Radiology Services or Children's Services in Dublin, you will be referred as a private patient too, where the above issues usually apply. The general rule is that "you are private all the way", except for most blood tests as they are referred to a public service.
- 7) If your child requires admission to hospital, this will be as a public patient and they are admitted (by default) on whoever is on call at the time publicly. There is no option to go privately under any paediatrician in Cavan.
- 8) In order to keep the outpatient cost to you as low and competitive as possible, I provide most of the service myself; this, as well as my aim to be thorough and keep the waiting list very short, results in substantial workload pressures. Appointment details are sent by SMS; paper appointment letters are not routinely issued unless specifically requested during a clinic visit for a follow-up appointment.
- 9) If you notice that an arrangement we have made does not appear to have been carried out, I would ask you to inform me immediately.

If you agree to these terms and conditions, I would be delighted to provide a private service for your child. If you are unable to agree to these terms, I would be equally happy to provide care through the public service in Cavan General Hospital.

**Prof Nick van der Spek**  
Consultant Paediatrician with a special interest in Community Child Health  
MB BCh (A'dam) DCH (Dub) MRCPCH (UK) FRCP (E'burgh) FRCPI, MSc (London), SAFE (UCD)  
Irish Medical Council Registration number: 14002